



## Sew Sweet!

Introduce the kids to sewing—and develop a new hobby!

A unique, experiential haberdashery that brings back the magic of sewing into your lives, The Hab by Usha International is a bubbling, 2,800 sq ft hub of creativity. Digitize and pod-feed your chosen designs, create intricate stitches by changing a pre-fashioned 'foot' on the machine and get the kids to make wallets, hair accessories, book covers and more. Choose from beads, buttons, zips, sequins, threads and lace in pop colours. Demo sessions and self-learning hours, activity-filled birthday parties and workshops—it's all here.

**The Hab, Khar West, Mumbai. Call 022/61274444; [www.thehab.in](http://www.thehab.in).**

**Timing: 11 a.m. to 8 p.m.**

## fun in goa

A spa for tweens, plus activities for younger kids.

Park Hyatt in Goa rolls out the red carpet for 8- to 12-year-olds. There's the specially crafted Bala Abhyangam package at Sereno spa—a 30-minute massage by trained masseurs from Kerala, using exotic herbal oils. If your tween isn't a spa brat, check out the Camp Hyatt activity menu with hair braiding, henna art, kite flying, beach volleyball, pottery workshops, swimming and yoga.

**Park Hyatt Goa Resort and Spa, Goa. Call 0832/2721234.**



DINER'S DELIGHT

## 3 New Eateries in Mumbai

### 1. Tres Leches Treat

Milk arrives in its yummiest form with Tres Leches—the delicious rendition of the Spanish dessert. It's sure to draw little fingers in a jiffy, with the fresh wood-fired oven pizzas, lime melon milkshakes and more. Caramba!

**Cafe Infinito, BKC; Call 022/26567000;**

**Meal for two: ₹ 700**

### 2. Taste Of Punjab

From pistachio-laced lassi and fresh sugarcane juice in tiny glasses to the crisp papad basket with four dips, from the aromatic chicken biryani served in a jar, accompanied by *kali dal* in a *kullad*, the fare is uniformly delicious.

**Made in Punjab, Inorbit Mall, Goregaon;**

**Call 022/6671187; Meal for two: ₹ 1,000**

### 3. Mini Magic

Kids will love these mini burgers: Try mini brownie sliders, mac and cheese tins tuckers, beef burgers, golden fries with cheese and Thousand Island dressing, and Nutella coffee milkshake.

**Sliders, Waterfield Road, Bandra (W);**

**Call 022/66710844; Meal for two: ₹ 600**



CELEB CHAT

**Alicia Gets Real**  
Actress-turned-author Alicia Silverstone discusses her unorthodox parenting

strategies and her son, Bear Blu, who turned 3 in May, in her book *The Kind Mama*.

**You've said that your first 14 hours of labour with Bear Blu were "sexy and amazing and totally blissed out." Your secrets?** Every woman's bliss is different. I was in my bedroom, walking around and feeling completely comfortable. Yes, I had contractions (which hurt!), but there are all of these natural

hormones running through you that make you feel amazing. And then it transitions and the real labour starts. It's called labour for a reason—it's intense and hard work.

**What is the book's lesson?**

Be kind to yourself. Being a mom requires every morsel of your being. When you're better rested, you're more patient and can enjoy every precious moment of mameanness.